

SNUG



Special Needs Unlimited Group

A residential program for families of children with special needs

This is an opportunity for rural families caring for a special needs child to holiday, relax and foster friendships whilst accessing Newcastle based health services.

Families eligible to attend are:

- Caring for a child or children with disabilities
- Living in a rural area more than 100km from Newcastle
- Experiencing limited access to coordinated health resources and services
- Having difficulty accessing or coordinating family holidays



What is involved? Lots of fun! Families get to enjoy the facilities at Myuna Bay (canoeing, archery, rock climbing) as well as lots of activities suitable for special needs kids and siblings too. SNUG helps out by providing meals and accommodation, organising medical appointments, helping families get to appointments as well as providing trained volunteers to make having a family holiday easier.

Where is it being held? The camp is held at Myuna Bay Sport and Recreation Centre on the shores of Lake Macquarie, a short drive south of Newcastle.

What will it cost ? SNUG provides all meals and lodge type accommodation with private rooms and bathrooms and common meal and recreational areas. Costs to families will include travel from their home to Myuna Bay and return. Assistance may be available.

Who is offering the program? The Family Action Centre based at the University of Newcastle with assistance from the Steve Waugh Foundation.

How do you access this program? Fill in the referral form and return to SNUG Program Coordinator.

For further details and referral form contact:

SNUG Program Coordinator, Ph 02 4921 5241 Fax: 02 4921 5724 Email: snug@newcastle.edu.au

Dates for Late 2010 –Early 2011 to be advised

More about SNUG and Myuna Bay Sport and Recreation Centre is available at

<http://www.newcastle.edu.au/centre/fac/> and <http://www.dsr.nsw.gov.au/myunabay/>



SNUG PROGRAM REFERRAL PATHWAYS

How can I be part of the SNUG Program?

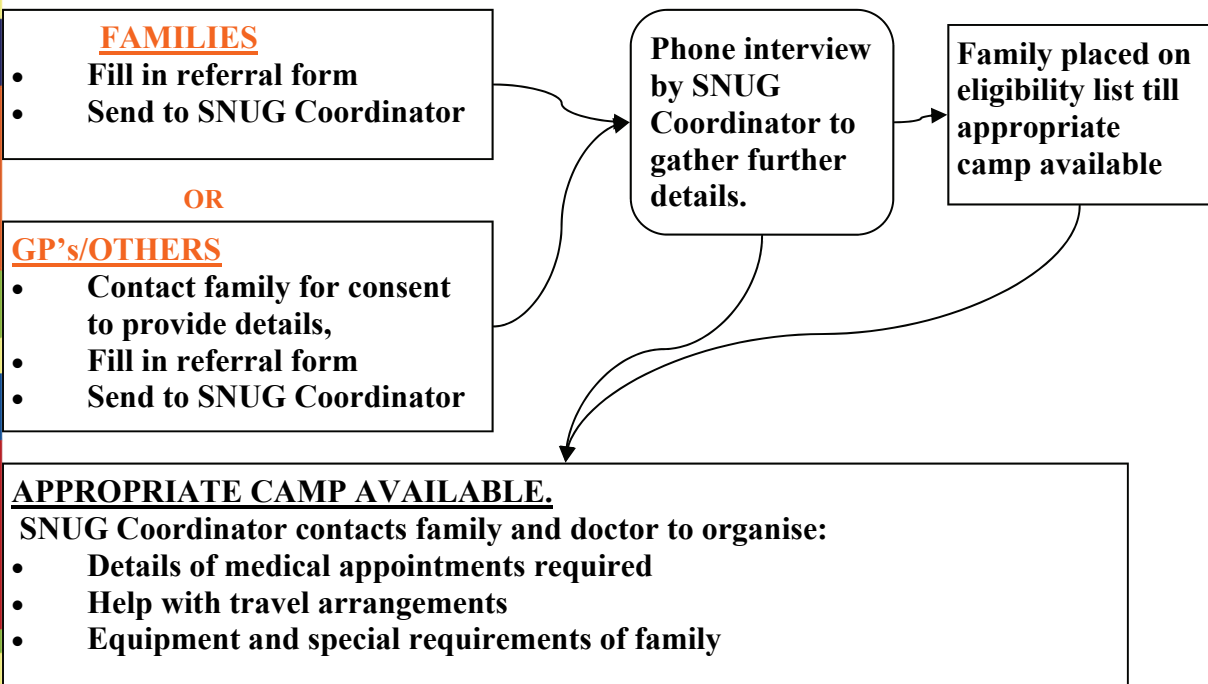
Families, as well as GP's and other health workers, can make a referral for a family to attend a SNUG camp using the SNUG Referral Form.

Inclusion guidelines

To help gauge whether families might be suitable for inclusion in the SNUG Program the following guidelines have been developed.

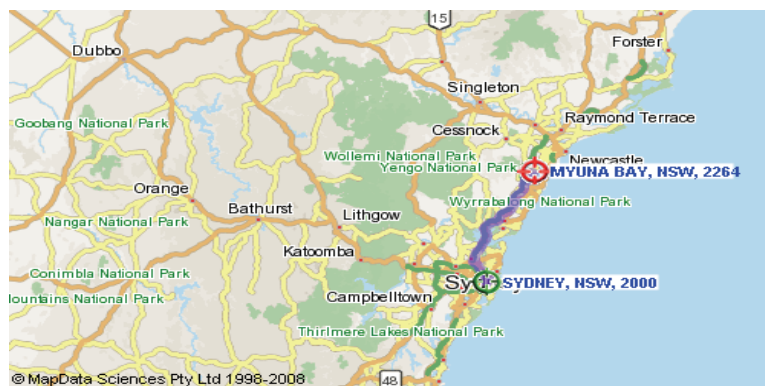
Guidelines:

- Family lives in a regional or outer regional area (generally more than 100km from Newcastle)
- Have a child with chronic/multiple disabilities
- Have limited or suboptimal access to coordinated health resources and services
- Have difficulties coordinating/accessing family holidays



Where is Myuna Bay Sport and Recreation Centre?

Just south of Newcastle, take the Morisset exit off the F3



For any further information on the Program, or to obtain further copies of the referral form, please contact: **Heather Hawes, SNUG Program Coordinator. Phone 024921 5241 email: snug@newcastle.edu.au** SNUG Program, Family Action Centre, University of Newcastle, Callaghan, NSW 2308